



made from scratch - with heart

SNACKS

FRIED PICKLES - beer batter, dill, ranch 11

POUTINE - chips, cheese curds, st-hubert bbq or curry sauce 14

ONION DIP - poblano pepper, cream cheese, everything bagel seasoning, crisps 9

CRISPS - kettle-style potato chips, dill pickle seasoning, garlic mayo 5

IRISH SODA BUN - raspberry jam, butter 3

NACHOS - jerk chicken, pico, cheese, radish, scallion crema 19 (guacamole +4)

WINGS - guinness bbq, truffalo, hot, jerk (to dip: sour cream, blue cheese or ranch) 18

SOUPS & SALADS

CHOWDER - bacon, salmon, haddock, scallops, shrimp, cream & soda bun 14

FRENCH ONION - gruyère, swiss, beef broth, crostini 12

POTATO LEEK - cream, scallion, truffle oil 9

CAESAR - romaine, bacon, parmesan, croutons 14

SHANNON COBB - bacon, chicken, egg, cheddar, pickled beets, onion, greens, irish cream 19

PROPER MEALS

SNUG CLUB - chicken, bacon, old cheddar, lettuce, tomato, mayo, sourdough bread & side 18

BUFF' WRAP - chicken tenders or cauliflower, cheddar, hot sauce, ranch, lettuce, tomato, onion & side 17



TOASTIE - bacon or cauliflower, cheddar, curry mayo & side 17

CHEESEBURGER - cheddar, h&c sauce, lettuce, tomato, onion & side 17 (add bacon +3)

CHICKEN CURRY - yellow curry or butter chicken-style & side 17

GUINNESS BEEF STEW - potato, carrot, turnip, onion & soda bun 16

COTTAGE PIE - spiced pork & beef, carrot, potato, gravy & side 18

FISH & CHIPS - beer-battered haddock, tartar, slaw 19 (extra piece +8)  

SIDES - chips, garden salad, potato leek soup

UPGRADES - caesar salad +3, onion rings +4, poutine +5

ADD-ONS - chicken or shrimp +6

 **ocean wise**. A SUSTAINABLE CHOICE  **Mealshare** BUY ONE, GIVE ONE

please advise your server of any allergies or dietary restrictions - prices do not include all applicable taxes

Welcome to the Heart & Crown. We would like to acknowledge that the land on which we gather is the traditional unceded territory of the Algonquin Anishnaabeg People. The Algonquin peoples have lived on this land since time immemorial. We are grateful to have the opportunity to be present and operating in this territory.